

WLRN Learn Schedule JAN 2010



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:00 am	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	7:00
7:30 am	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	7:30
8:00 am	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	8:00
8:30 am	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	8:30
9:00 am	Clifford (Span)	Clifford (Span)	Clifford (Span)	Clifford (Span)	Clifford (Span)	Clifford (Span)	Clifford (Span)	9:00
9:30 am	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	9:30
10:00 am	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	10:00
10:30 am	Los Niños en Su Casa	Los Niños en Su Casa	Los Niños en Su Casa	Los Niños en Su Casa	Los Niños en Su Casa	Los Niños en Su Casa	Los Niños en Su Casa	10:30
11:00 am	Beads & Baubles	Mark Kistler's Imagination Station	Mark Kistler's Imagination Station	Mark Kistler's Imagination Station	Mark Kistler's Imagination Station	Mark Kistler's Imagination Station	Beads & Baubles	11:00
11:30 am	Biscuit Brothers	Enviropals	Biscuit Brothers	Enviropals	Biscuit Brothers	Enviropals	Biscuit Brothers	11:30
12:00 pm	Healthy Flavors	Easy Gourmet	Healthy Flavors	Easy Gourmet	Healthy Flavors	Easy Gourmet	Healthy Flavors	12:00
12:30 pm	America sews with Sue Haussman	Katie Brown Workshop	America sews with Sue Haussman	Katie Brown Workshop	America sews with Sue Haussman	Katie Brown Workshop	America sews with Sue Haussman	12:30
1:00 pm	Painting with Paulson....	Beauty of oil painting with Gary and Kathreen.....	Painting with Paulson	Beauty of oil painting with Gary and Kathreen.....	Painting with Paulson	Beauty of oil painting with Gary and Kathreen.....	Painting with Paulson	13:00
1:30 pm	Fons & Porter 's Love of Quiting	Quilting Arts	Fons & Porter 's Love of Quiting	Quilting Arts	Fons & Porter 's Love of Quiting	Quilting Arts	Fons & Porter 's Love of Quiting	13:30
2:00 pm	Life Focus	Tavis Smiley	Tavis Smiley	Tavis Smiley	Tavis Smiley	Tavis Smiley	Garden Smart	14:00
2:30 pm	Trvelscope	Burt Wolf Travels & Traditions	Trvelscope	Burt Wolf Travels & Traditions	Trvelscope	Burt Wolf Travels & Traditions	Hometime	14:30
3:00 pm	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	15:00
4:00 pm	Curiosity Quest	Piano Guy	Curiosity Quest	Piano Guy	Curiosity Quest	Piano Guy	Knit & Crochet now!	16:00

4:30 pm	Healthy Body Healthy mind	Linda Macphee's Workshop	Healthy Body Healthy mind	Linda Macphee's Workshop	Healthy Body Healthy mind	Linda Macphee's Workshop	For Your Home	16:30
5:00 pm	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	17:00
5:30 pm	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Temas de Mujer	17:30
6:00 pm	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Priscilla's Yoga Stretches	Ante usted	18:00
6:30 pm	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Columbia al Dia	18:30
7:00 pm	Le Journal	Le Journal	Le Journal	Le Journal	Le Journal	Le Journal	Le Journal	19:00
7:30 pm	European Journal	World Focus	World Focus	World Focus	World Focus	World Focus	Cuba y su historia	19:30
8:00 pm	DW Journal German	DW Journal German	DW Journal German	DW Journal German	DW Journal German	DW Journal German	Anoranzas de mi Cuba	20:00
8:30 pm	ArtStreet	Lifestyles with Rebecca	ArtStreet	Lifestyles with Rebecca	Artstreet	Healthy Minds	Opiniones	20:30
9:00 pm	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Entereze	21:00
10:00pm	Leading Generation	Moment of Luxury	Leading Generation	Life Focus Moment of Luxury	Leading Generation	Moment of Luxury	Live from the Artists Den	22:00
10:30	Living Smart	Life Focus	Living Smart	Life Focus	Living Smart	Life Focus		22:30
 worldview 11:00pm Thru 6:30am	MHZ World View Programs	MHZ World View Programs	MHZ World View Programs	MHZ World View Programs	MHZ World View Programs	MHZ World View Programs	MHZ World View Programs	23:00 Thru 6:30am

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*MHZ World View airs only from 10:00pm thru 6:30am. [Click here](#) for a detailed programming schedule for this time duration only.

**Please note new programs are in red

***En Español programs in blue