




# WLRN Learn (17.2) Schedule August 09

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:00 am	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	Body Electric	7:00 am
7:30 am	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	7:30 am
8:00 am	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	8:00 am
8:30 am	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	8:30 am
9:00 am	Plaza Sesamo	Plaza Sesamo	Plaza Sesamo	Plaza Sesamo	Plaza Sesamo	Plaza Sesamo	Plaza Sesamo	9:00 am
9:30 am	Clifford (Span)	Clifford (Span)	Clifford (Span)	Clifford (Span)	Clifford (Span)	Clifford (Span)	Clifford (Span)	9:30 am
10:00 am	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	Dragon Tales (Span)	10:00 am
10:30 am	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	Maya & Miguel (Span)	10:30 am
11:00 am	Cyberchase (Span)	Cyberchase (Span)	Cyberchase (Span)	Cyberchase (Span)	Cyberchase (Span)	Cyberchase (Span)	Cyberchase (Span)	11:00 am
11:30 am	Los Ninos en Su Casa	Los Ninos en Su Casa	Los Ninos en Su Casa	Los Ninos en Su Casa	Los Ninos en Su Casa	Los Ninos en Su Casa	Los Ninos en Su Casa	11:30 am
12:00 pm	Everyday baking from Everyday food	Everyday Food	Everyday baking from Everyday food	Everyday Food	Everyday baking from Everyday food	Everyday Food	Sonja Henie Queen of the ice	12:00 pm
12:30 pm	America sews with Sue Haussman	Garden Story: Inspiring spaces Healing places	America sews with Sue Haussman	Garden Story: Inspiring spaces Healing places	America sews with Sue Haussman	Garden Story: Inspiring spaces Healing places	Cont' Sonja.....	12:30 pm
1:00 pm	Beauty of oil painting with Gary and Kath	Jerry Yarnell School of Fine Art	Beauty of oil painting with Gary and Kath	Jerry Yarnell School of Fine Art	Beauty of oil painting with Gary and Kath	Jerry Yarnell School of Fine Art	Good News: How hospitals heal themselves	1:00 pm
1:30 pm	Kaye's Quilting Friends	Knitting Daily	Kaye's Quilting Friends	Knitting Daily	Kaye's Quilting Friends	Knitting Daily	Cont' Good News...	1:30 pm
2:00 pm	Tavis Smiley	Tavis Smiley	Tavis Smiley	Tavis Smiley	Tavis Smiley	Tavis Smiley	Tavis Smiley	2:00 pm
2:30 pm	Travelscope	Art Wolfe's tvls to the edge	Travelscope	Art Wolfe's tvls to the edge	Travelscope	Art Wolfe's tvls to the edge	Wizard's Lab: Edison's quest for rubber	2:30 pm
3:00 pm	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	3:00 pm
3:30 pm	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	3:30 pm
4:00 pm	Paint Paper & Crafts	Piano Guy	Paint Paper & Crafts	Piano Guy	Paint Paper & Crafts	Piano Guy	Paint Paper & Crafts	4:00 pm
4:30 pm	Real Moms, Real Stories, Real Savvy	Linda Macphee's Workshop	Real Moms, Real Stories, Real Savvy	Linda Macphee's Workshop	Real Moms, Real Stories, Real Savvy	Linda Macphee's Workshop	Real Moms, Real Stories, Real Savvy	4:30 pm

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00 pm	Fitness Show	Fitness Show	Fitness Show	Fitness Show	Fitness Show	Fitness Show	Fitness Show	5:00 pm
5:30 pm	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Wai Lana Yoga	Temas de Mujer	5:30 pm
6:00 pm	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Pricilla's Yoga Stretches	Ante usted	6:00 pm
6:30 pm	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Sit & Be Fit	Columbia al Dia	6:30 pm
7:00 pm	Le Journal	Le Journal	Le Journal	Le Journal	Le Journal	Le Journal	Le Journal	7:00 pm
7:30 pm	European Journal	World Focus	World Focus	World Focus	World Focus	World Focus	Cuba y su historia	7:30 pm
8:00 pm	DW Journal German	DW Journal German	DW Journal German	DW Journal German	DW Journal German	DW Journal German	Anoranzas de mi Cuba	8:00 pm
8:30 pm	ArtStreet	Celebrate SFL	ArtStreet	Celebrate SFL	Artstreet	Celebrate SFL	Opiniones	8:30 pm
9:00 pm	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Enterese	9:00 pm
9:30 pm	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Charlie Rose	Foro 17	9:30 pm
 10:00 pm Thru 6:30 am	MHZ World View	MHZ World View	MHZ World View	MHZ World View	MHZ World View	MHZ World View	MHZ World View	10:00 pm Thru 6:30 am

\*MHZ World View airs only from 10:00pm thru 6:30am. [Click here](#) for a detailed programming schedule for this time duration only.

Revised: 07/10/09

Please note new programs are in red

En Español programs in blue

0700-0830 Exercise Block

0900-1130 Hispanic Block

1200- Cooking Block

1230-1330 How To Block

1400-1530 Talkshow/news

1600-1630 Family

1700-1830 Repeats Exercise

1900-2130 Current Int'l & local news

2200-0630 MHZ feeds